

FIRST AID	RISTORI	G.P.M.	QUOTA	LOCALITA'	TRATTI CRONO	PERCORSO LAVAREDO 100					PERCORSO COMELICO 80					PERCORSO MISURINA 30						
						KM/H	25	20	15	10	8	KM/H	25	20	15	10	8	KM/H	20	15	10	8
						PART	7:15	7:15	7:15	7:15	7:15	PART	8:15	8:15	8:15	8:15	8:15	PART	10:30	10:30	10:30	10:30
KM						KM						KM										
		▼	860	Auronzo di Cadore - PARTENZA	⌚	<b>0,0</b>	7:15	7:15	7:15	7:15	7:15	<b>0,0</b>	8:15	8:15	8:15	8:15	8:15	<b>0,0</b>	10:30	10:30	10:30	10:30
			1387	Passo di Sant'Antonio	⌚	<b>7,3</b>	7:32	7:36	7:44	7:58	8:09	<b>7,3</b>	8:32	8:36	8:44	8:58	9:09					
			1388	Bivio per Danta	⌚	<b>8,1</b>	7:34	7:39	7:47	8:03	8:15	<b>8,1</b>	8:34	8:39	8:47	9:03	9:15					
			1375	Danta		<b>11,3</b>	7:42	7:48	8:00	8:22	8:39	<b>11,3</b>	8:42	8:48	9:00	9:22	9:39					
			970	Campitello	⌚	<b>16,8</b>	7:55	8:05	8:22	8:55	9:21	<b>16,8</b>	8:55	9:05	9:22	9:55	10:21					
			907	Santo Stefano di Cadore		<b>19,5</b>	8:01	8:13	8:33	9:12	9:41											
			940	Campolongo		<b>21,8</b>	8:07	8:20	8:42	9:25	9:58											
			1018	Ponte sul Piave	⌚	<b>25,5</b>	8:16	8:31	8:57	9:48	10:26											
			1288	Val Visdende	⌚	<b>30,9</b>	8:29	8:47	9:18	10:20	11:06											
		▼	1606	Forcella Zovo	⌚	<b>36,1</b>	8:41	9:03	9:39	10:51	11:45											
			1302	Costalta		<b>40,2</b>	8:51	9:15	9:55	11:16	12:16											
			1247	Costalissoio	⌚	<b>43,5</b>	8:59	9:25	10:09	11:36	12:41	<b>19,5</b>	9:01	9:13	9:33	10:12	10:41					
			1340	Costa		<b>47,0</b>	9:07	9:36	10:23	11:57	13:07	<b>23,1</b>	9:10	9:24	9:47	10:33	11:08					
			1031	Ponte Mina - San Nicolò		<b>51,2</b>	9:17	9:48	10:39	12:22	13:39	<b>27,3</b>	9:20	9:36	10:04	10:58	11:39					
			1205	Candide		<b>54,7</b>	9:26	9:59	10:53	12:43	14:05	<b>30,8</b>	9:28	9:47	10:18	11:19	12:06					
			1234	Val Grande		<b>60,3</b>	9:39	10:15	11:16	13:16	14:47	<b>36,4</b>	9:42	10:04	10:40	11:53	12:48					
			1211	Padola	⌚	<b>63,8</b>	9:48	10:26	11:30	13:37	15:13	<b>39,9</b>	9:50	10:14	10:54	12:14	13:14					
		▼	1489	Passo di Sant'Antonio	⌚	<b>68,2</b>	9:58	10:39	11:47	14:04	15:46	<b>44,3</b>	10:01	10:27	11:12	12:40	13:47					
			860	Auronzo di Cadore		<b>76,6</b>	10:18	11:04	12:21	14:54	16:49	<b>52,7</b>	10:21	10:53	11:45	13:31	14:50					
			864	Reane	⌚	<b>79,1</b>	10:24	11:12	12:31	15:09	17:08	<b>55,3</b>	10:27	11:00	11:56	13:46	15:09	<b>2,5</b>	10:37	10:40	10:45	10:48
			1120	Palus San Marco	⌚	<b>87,2</b>	10:44	11:36	13:03	15:58	18:09	<b>63,4</b>	10:47	11:25	12:28	14:35	16:10	<b>10,6</b>	11:01	11:12	11:33	11:49
		▼	1757	Misurina - Istituo Pio XII	⌚	<b>102,5</b>	11:21	12:22	14:05	17:30	20:03	<b>77,5</b>	11:21	12:07	13:25	16:00	17:56	<b>23,5</b>	11:40	12:04	12:51	13:26
			1760	Misurina - Via Guide Alpine	⌚	<b>104,0</b>	11:24	12:27	14:11	17:39	20:15	<b>79,0</b>	11:24	12:12	13:31	16:09	18:07	<b>25,0</b>	11:45	12:10	13:00	13:37
		▼	2320	Rifugio Auronzo - Tre Cime	⌚	<b>111,0</b>	11:41	12:48	14:39	18:21	21:07	<b>86,0</b>	11:41	12:33	13:59	16:51	19:00	<b>32,0</b>	12:06	12:38	13:42	14:30